

Job Description

Job Title	Sessional Therapist
Hours	Up to 4 Client Hours per Week.
Salary	£65 Per Therapy Session (50 minute session + administrative tasks)
Contract	Part time, Sessional Therapist - Engaged on a Self-employed basis.
Location	Rainbow Mind northern hub - The Angel Centre, Salford M3 6FA. Hybrid working is appropriate for this role.
Reporting to	Therapeutic Services Manager
DBS Check Level	Enhanced

About Rainbow Mind

Rainbow Mind North (A service delivered by Mind in Salford) is an LGBTQIA+ led service delivering community mental health interventions across Salford. Rainbow Mind provides a range of innovative services for LGBTQIA+ people from Rainbow Mind southern (London) and northern (Salford) hubs. Rainbow Mind has collaborations and engagement with a diverse range of local and national LGBTQIA+ organisations that support cultural, gender, sexuality, and relationship diversity relevant services.

Rainbow Mind services engage with local and diverse communities and we are committed to offer support and respect to anyone facing a mental health problem. The organisation offers opportunities for learning and development and supports a collaborative and creative working environment.

Our overarching mission is to champion for LGBTQIA+ mental health and to redress the disparity in inequalities the community experience across Greater Manchester and England wide.

About You

Are you a trained counsellor with a passion about supporting the LGBTQIA+ community? Are you looking for a role that offers flexibility for between 2-4 Session hours per week?

We have an exciting new opportunity within the Rainbow Mind Therapy Service in Salford to deliver both face to face and online counselling and therapy services to members of the LGBTQIA+ community.

Clients will be allocated by the Rainbow Mind Therapy Service Manager who will also provide additional support. Monthly group supervision is also provided.

We are looking for an experienced counsellor, with a background in humanistic modalities and have trained in, or have knowledge in, Compassion Focused Therapies and with experience working within the LGBTQIA+ community.

Therapeutic Responsibilities

Your main duties and responsibilities will include but are not limited to:

- Practice outcome focused, evidence-based counselling sessions, to members of the LGBTQIA+ community in accordance with the Rainbow Mind, therapeutic model.
- Work in partnership with the Therapy Service Manager to support members of the LGBTQIA+ community experiencing mild to moderate mental health difficulties.
- Book appointments via the Case Management System.
- Practice, evidence and demonstrate an ability to manage caseload in conjunction with the requirements of the team.
- Keep clear and professional records, that are coherent and in line with Mind in Salford's policies and procedures.
- Complete all requirements relating to data collection.
- Always operate from an inclusive standpoint, recognising and respecting diversity, maintaining a particularly strong focus on a range of diversity issues impacting upon the LGBTQIA+ community specifically and with a strong focus on intersectionality.
- Undertake and record accurate assessments of risk and operate clear risk management process in line with agreed procedures that speak to Mind in Salford's safeguarding policies and procedures.
- Record thorough session notes to the case management system after each session, highlighting areas of risk specifically.
- Adhere to all of Mind in Salford's policies and procedures.
- Use a range of monitoring and assessment tools, including, but not limited to the PHQ9, GAD7 and the Self-Compassion Scale.

Professional Responsibilities

- Ensure the maintenance of professional standards in accordance with Mind in Salford Policies and Procedures.
- Ensure that Confidentiality is also maintained and protected.
- Ensure that any risks, and or safeguarding concerns, are promptly reported to the relevant parties in order to maintain individuals' safety.
- Participate in communicating updates with the Rainbow Mind Therapy Service Manager.
- Keep continuous professional development and theoretical knowledge up to date to be able to support the needs of the LGBTQIA+ community, with specific focus on Compassion Focused Therapy.
- Maintain membership to appropriate organisations, such as the BACP or equivalent.
- Access individual supervision on a regular basis as well as attending Rainbow Mind's group Supervisions as directed by line manager.

Person Specification



	Essential	Desirable
Education & Qualifications	Level 4 Diploma in Therapeutic Counselling	Training in Compassion Focused Therapy
Experience	<ul style="list-style-type: none"> -Ability to carry out 1:1 face to face and online therapeutic sessions with LGBTQIA+ clients -Ability to conduct mental health assessments with LGBTQIA+ clients. -Ability to assess risk and to record and communicate this appropriately. -Ability to take appropriate action to mitigate risk. 	Experience working to time-limited, short-term interventions.
Skills, Ability & Knowledge	<ul style="list-style-type: none"> -Knowledge of issues impacting the LGBTQIA+ community. -Knowledge of safeguarding vulnerable adults. -Knowledge and demonstrable ability to work with a wide variety of presenting issues. -Knowledge and ability to work with monitoring and assessment tools. -Strong I.T. Skills and ability to work with CRM Systems. 	A good knowledge of agencies, organisations and professionals within the greater Manchester area.

Personal Characteristics	-Self-Motivated -Compassionate -Strong commitment to inclusive practice	-Demonstrable commitment to Continuing Professional Development
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If you would like to discuss this or any aspect of the role further, please contact Markus Greenwood on 0161 710 1041.

To apply, please download the [Application Form](#) and return this to admin@mindinsalford.org.uk

Closing date: EOD Tuesday 11th February.

Interviews: 17th and 18th of February.

**Mind in Salford
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